

We are now offering Zio monitor at NWH Emergency Department

The Zio service provides you with highly accurate data you can trust, so you can make the right diagnosis the first time.¹

HOW TO ORDER

- Order name - Zio (extended holter)
- Indicate the # of days to be monitored (up to 14 days) - this is the default
- Provide the primary indication for prescribing
- For questions on order contact Alexis Borst

ESSENTIAL PATIENT INSTRUCTIONS

- Reinforce: Why Zio monitor has been ordered.
- Wear time: Wear monitor for prescribed number of days.
(For Home Enrollment, request patient to apply monitor immediately.)
- Return: Mail monitor using prepaid box immediately after prescribed wear time.
- Encourage: Opt-in to text message reminders and download MyZio® app.
- Call: 24/7 Customer Care for device or billing questions

- Use the ZioSuite® web portal and download the mobile app to enroll, track and manage patients, and interact reports in-clinic or on-the-go with ease.



ABOUT ZIO MONITOR

Zio monitor devices are designed to provide high-quality, accurate data with 99% patient compliance for up to 14 days of wear time.¹⁻³

Monitors require **zero** electrode or patch changes.³

Continuous and uninterrupted monitoring up to 14 days means that 99% of the recording is usable.^{1,4}

Zio long-term continuous monitors are well tolerated and allowed for longer continuous monitoring, compared to Holter monitoring, resulting in an improvement in clinical accuracy and a meaningful change in clinical management.⁵⁻⁷

COMMON SYMPTOMS

- Palpitations
- Shortness of Breath
- Dizziness
- Light-headedness
- Fatigue
- Anxiety
- Pre-syncope
- Syncope

Contact your Zio representative to learn more:

Michael Numon, 908-310-3328, michael.numon@irhythmtech.com

1. Data on file. iRhythm Technologies, 2022-2023.

2. Data on file. iRhythm Technologies, 2022.

3. Zio monitor Instructions for Use. iRhythm Technologies, 2023.

4. Analyzable time is based off 14-day prescription.

5. Rosenberg et al., Use of a Noninvasive Continuous Monitoring Device in the Management of Atrial Fibrillation: A Pilot Study. Pacing and Clinical Electrophysiology, 2013.

6. Based on previous generation Zio XT device data. Zio monitor utilizes the same operating principles and ECG algorithm. Additional data on file.

7. Zio long-term continuous monitors refers to Zio XT and Zio monitor devices.